



Freeman Flash

**NEWSLETTER of the FREEMAN FIELD
FLYING ASSOCIATION**

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Larry Bothe, Editor

Website: www.freemanfield.org

New AME in Town... Please Welcome Dr. Aaron Frey

Seymour has been without a local AME since Dr. Blaisdell retired from medical practice several years ago. Dr. Frey was recently appointed to be an Airmen Medical Examiner by the FAA, and is now providing that needed service.

Dr. Frey's practice is located in the new Family Medical Center, located north of town on Rt. 11, at the intersection with Rockford Rd., officially 2026 N. Ewing St. He charges \$130 for 3rd or 2nd class FAA medical examinations. Appointments are usually available within 1 to 2 weeks of calling. His office can be reached at 812-524-3333.

Most AMEs are pilots, and Aaron is no exception. He is an instrument-rated private pilot, and the owner of a 1965 Beech Bonanza. He has joined the Freeman Field Flying Association, and is writing a monthly medical examiner's column for the newsletter entitled *Medical Minute*. See page 3 for the first informative article.

Airport News

At the airport authority meeting on 3/15, our engineering company rep, Paul Shaffer, told us that the FAA is dragging its feet a bit on funding to the runway 14-32 rehab. Now it looks like we will receive funds for the design phase on 2022, do the rehab work in 2023, and install the new lighting in 2024.

Paul also told us that the laser grooving of the new part (southwest end) of 5-23 will begin on May 3rd. The runway will be closed for a few days while the grooving work is performed. In addition, 14-32 will be closed for part of one day, while they groove the portion of 5-23 where it crosses 14-32.

Our airport received a Merit Award from the American Council of Engineering Companies. The award is for the successful completion of the complicated project of moving runway 5-23 to the southwest, fixing the dangerous intersection problems, and adding 500 feet to the overall length.

Finally, airport authority member Scott Davis proposed that the portion of the Burkhart Blvd. Bypass road that passes through Freeman Field be named the CWO Michael T. Jordan Veterans Way. (CWO stands for Chief Warrant Officer.) Mike served in the Indiana National Guard for 40 years, was on the Seymour City Council for 32 years (Council President for 20), and on the board of the Freeman Army Airfield Museum for 20 years. Plaques and road signs will be created and installed after the roadway is completed.

FFFA News

The March meeting program had two parts. Karen had some interesting questions that she excerpted from an aviation quiz she had

taken. They involved weather and regulatory topics, and provoked considerable discussion. Then we went to the museum annex to have a look at the many changes that have been made there in recent months. One of those changes is the addition of what we call the *kiddie sim*. Karen tried flying it, in night mode, which is difficult due to the lack of a distinct horizon.

FFFA dues for 2021: We are down to just 3 people (out of 74) who have not paid their 2021 dues. Two of them will likely fall by the wayside; they are not responding to any form of communication. The remaining one will pay; he's just a bit late.

April meeting (4/8) program: This will be another two-fer deal. Karen has Foreflight updates she would like to bring to our attention. After that, she wants to talk about certain performance issues. Specifically, staying within weight and balance, and how pilots determine when to abort a takeoff.

Dinner before the meeting: A group of us meet at the Poplar St. Restaurant (513 S Poplar St, Seymour) at 5:00PM for a bite to eat before each FFFA meeting. Please join us for dinner. We talk about whatever has happened to us lately in the aviation world. Information flows. Lots of fun!

Museum Archives

News of the Freeman Army Airfield Museum



The Freeman Army Airfield Museum is a completely separate entity from the Freeman Field Flying Association. Some of our board members (L. Bothe, K.

James) overlap. The FFFA on occasion supports the museum with gifts of money for worthy projects.

FMI www.freemanarmyairfieldmuseum.org.

The Focke-Wulf Fw-190 vertical tail and rudder are now mounted on the stand that Crane Hill Machine built for us. Note the vestiges of the swastika that was originally painted on the airplane. Now we can install the tailwheel strut, eliminate the sharp edges, and set it out for display.



Our second flight simulator, for younger visitors, is now completed and flying. Flight is controlled by a joystick, and there are no separate rudder pedals. And, unlike our main flight simulator, it has detailed scenery for Indiana. That means when you fly around in our area, it looks like Seymour.



Greg, Brynn, & Henry Burton fly the new simulator.

The background scenery on the main flight simulator has been improved, and now has realistic-looking buildings. Additional scenery improvements are in the works.

FFFA Member Activities and Accomplishments

Dakota Garlick (shop manager at Cherry Hill Aviation) and his dad have purchased an airplane. It is a Van's RV-6; 2-seat, side-by-side taildragger. Dakota brought it home from the Chicago area on Saturday evening, and right now it lives in the Blue Hangar.



Jimmy Baker flew Dakota up to Chicago on Friday afternoon. It was Jimmy's first flight into really complicated airspace. Larry Bothe rode along to play "coach". Flying up the lakefront past all the skyscraper buildings in Chicago is pretty neat!

LSC Glider News –

By "UPS" Bob Walker

No glider article this month. Bob has grievous computer problems, brought on by an operating system update (it's a Mac), that came up as he was about to write his piece for the newsletter. His computer is in the shop, and he's not sure when he's getting it back, or if he will have to buy a new one. Ed.

Medical Minute - Seasonal Allergies

By Aaron Frey, MD, MBS, AME

Spring time is here- that joyous time where the snow has melted, the days are longer, the sun is warmer, trees are budding, flowers are blooming.... and allergies are flaring. For those of us that suffer with allergies, we know that itchy eyes, sinus pressure, runny nose and sneezing are not only annoying, but can be downright disabling at times. Before you hop into your plane to set off on your favorite

getaway, let's review some of the things to watch out for when dealing with allergies

Seasonal allergies in-and-of themselves are not dangerous while flying, so long as the symptoms are not severe. As allergies become more advanced, itchy/watery eyes can lead to blurred vision, and difficulty with distinguishing objects in the distance. Furthermore, sinus congestion can lead to severe headaches as we ascend/descend and atmospheric pressure changes. That same sinus congestion can also affect our ears, causing ear pain, dizziness, or decrease in our hearing, as we change altitude.

Antihistamines (i.e., Zyrtec, Claritin) are a class of medication that are typically used to treat seasonal allergies. While these do work wonderfully, one must be careful to appropriately select their antihistamine. Certain antihistamines can have a sedative effect, causing a person to become drowsy or even disoriented. A prime example of this is Benadryl, a powerful antihistamine, but also the active ingredient in Tylenol PM that causes drowsiness. Other antihistamines that should be avoided are Brompheniramine (Dimetapp), Chlorpheniramine (Chlor-trimeton), Levocetirizine (Xyzal), and Cetirizine (Zyrtec). These should be avoided for 5x the recommended dosing interval before flying. For example: If the box says to take 1 Zyrtec every 24 hours, a pilot should not fly for 5 days after taking the medication. On the other-hand, Fexofenadine (Allegra) and Loratadine (Claritin) are generally safe to use while flying. However, you should use these medications a few times before attempting to fly while using them, in order to see how they affect you. If you experience dizziness, light headedness, fatigue or any other side effect, please do not fly while using that medication, and wait 5x the dosing period.

Other medications that are generally safe to use while flying are nasal steroids such as Fluticasone (Flonase) and Triamcinolone (Nasacort), and decongestants such as

Oxymetazoline (Afrin) and phenylephrine (Sudafed PE), pseudoephedrine (Sudafed) with caution, and saline washes such as neti-pot or ocean spray.

As always, consult your treating physician or local Aviation Medical Examiner if you have questions or to ensure you are taking safe doses of any medication. A more complete list of safe/unsafe OTC medications can be found at...

https://www.faa.gov/licenses_certificates/medical_certification/media/OTCMedicationsforPilots.pdf

Safe Skies, Aaron

Airline Perspective --

Generally, Good News for Airlines

By Adam Springmeyer

Happy Saint Patrick's Day to all, and welcome to Spring. Here in the southwestern, Pennsylvania area we are seeing cold mornings at 35 degrees, but then warming nicely to 55 to 65 degrees. I hope the weather is the same for you in Indiana. This article was a pleasure to write because of the good news I have to report.

Before we jump to all the good news, there has been an interesting development coming out of Canada that I want to share with everyone. This involves their state-run airline; Air Canada. AC has not received any bailouts or funding, and has been hurting substantially more than any airline in the United States. Air Canada uses two different regional airlines (Air Canada Jazz and Sky Regional Airlines) to serve some of their routes. It was announced that their entire operation will be consolidated to just Air Canada Jazz. This could result in over 700 positions being eliminated; and, down the line, thousands of employees being terminated. Air Canada announced a few months ago that all destinations in the United States were being cut completely. This could have been a political move, or still a COVID-19 precaution.

Now, on to the great news! 14 airlines are hiring pilots, 2 hiring flight attendants, and 3 others recalling furloughed employees.

We haven't talked much about flight attendant furloughs, but they have been numerous and painful. United Airlines, at the time of their first furlough notice, told FAs that they needed a hire date of 2005 (16 years of seniority) to hold onto their job as a reserve flight attendant, and a hire date of 1995 (26 years of seniority!) to hold a line. The airline community and family still feels for our brothers and sisters on furlough.

Back to the great news. We have an extensive list of the regional airlines (and who they fly for) that are hiring pilots. Included are Commute Air (United Express), Endeavor Air (Delta Connection), GoJet (United Express), and Piedmont (American Eagle). On the low-cost carrier side we see Frontier, Spirit, and Sun Country Airlines doing some hiring. The cargo airlines have been hiring almost the entire time during the pandemic.

Finally, the Phoenix rising from ashes comes to us from Norway. Former low-cost north Atlantic carrier Norwegian Air had essentially failed prior to COVID-19. Now it is being reconstructed as Norse Atlantic Airways. Norse has the same CEO, and is using some of the Boeing 787 airplanes from the previous company. They hope to be back in the low-cost north Atlantic route business by the end of this year.

I would like to thank each and every member for reading these articles. Also thanks to all the members who sent in requests for different topics. If you have any questions that you would like answered, please email me at adam.springmeyer@gmail.com. Fly Safe, and Blue Skies.

Eagle Avionics Shop Update

Eagle Avionics, like many other small businesses, has been running behind schedule due to Covid-19. My family and I

had C-19, and we lost some greatly needed help. However; as always, we are committed to putting our best foot forward for our clients. We are working hard to get caught up and adjust our schedule as needed.

At this time we are asking everyone to please remain patient with us as we strive to return messages (texts, emails, etc.) in the order we receive them. Also, please notify us as soon as you realize you will be needing work done. Right now we are scheduling small appointments 2-3 weeks out. This includes troubleshooting, VFR/IFR altimeter/pitot-static checks, and consultations. As for installs of any size, we are currently scheduling for July/Aug/Sept 2021. The size of your install will determine your date.

Please note: We are doing away with our landline phone service. Please call or text the shop cell phone (812) 344-0468, or email us at Andy@eagleavionics.net for all questions & appointments.

We hope our friends and clients have been staying well throughout this past year. We are excited to work with you soon. Thanks again for your patience.

Andy Zeigler, Owner, Eagle Avionics, LLC.
812-344-0468
www.eagleavionics.net
<http://www.facebook.com/EagleAvionics>

Seymour Glider Operation Information

The Louisville Soaring Club would like aircraft flying at SER to know that the gliders almost always operate off runways 14/32. However, that does not mean that the wind favors 14 or 32. The gliders and tow plane use 14/32 because it is convenient to where the gliders are stored. ... All the gliders have radios. When approaching the field, especially on weekends, call addressing *Seymour Glider Operations* and ask where the gliders are; they will tell you. It actually works best, when glider operations are in progress, for power planes to use 5 or 23. FMI www.soarky.org, or call Mike Carlson, President, 502-321-6349.

FFFA Officers - Contacts

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Local Event Calendar at a Glance

Apr 8 FFFA meeting, museum, 7:00pm.
Program: Foreflight update, and Performance
Apr 10 Breakfast at LWV, 7-11 central time
Apr 13-18, Sun 'n Fun 2021
Jun 19 Fly-in breakfast, OVO
Jun 17-19, Aeronca Fly-In, Middletown, OH
Jul 17 French Lick Airport day*
Jul 20 Flying Circus, Hagerstown, IN
Jul 26-Aug 1, AirVenture 2021, Oshkosh, WI OSH
Sep 3-5 Red Stewart fly-in, Waynesville, OH
Sep 9-11 Midwest LSA Expo, Mt. Vernon, IL
Sep 11-12 Greencastle, IN Airport Days*
Sep 25 Madison Air Show**

** Two asterisks mean Cliff Robinson will be performing an air show at that event; *one asterisk means Cliff will be there offering Stearman rides, but no air show. If you want to see world-class aerobatics with no admission charge, attend one of the shows.

Association & Meeting Information

Freeman Field Flying Association meets the 2nd Thursday of each month, 7:00 PM, at the Freeman Army Airfield Museum. No meeting in July. Christmas dinner in December. **Join FFFA:** Dues are \$10 per year. Send a check, payable to FFFA, to Larry Bothe, 1082 Governors Ln, Seymour, IN 47274-1135. Include e-mail address and phone number. ½ price after the 4th of July.

Airport Authority meets the 3rd Monday of each month at 7:15 PM, terminal building conference room.
Freeman Army Airfield Museum board meets the 3rd Tuesday of each month, 6:00 PM, main museum building, Map Room.

Freeman Flash issues going back to 1999 are available if you contact the editor.

Sell – Buy

Have something you want to sell or buy? FFFA members get a free ad. Send an e-mail to LBothe@comcast.net to place an ad.

Help the Museum Amazon Smile

Do you shop at Amazon? By going to smile.amazon.com/ch/35-2060830 to place your order, you can help the museum. Amazon will give ½ of 1% to the museum, at no cost to you. Thanks for helping us this holiday season, and all year long.

Kroger Community Rewards

Kroger Foods (includes Jay-C Stores) has a program similar to Amazon. Most Kroger shoppers have a Kroger “frequent shopper” card. Go to <https://www.kroger.com/i/community/community-rewards> and register your card, Kroger will donate ½ of 1% to the museum, just like Amazon. You only have to register once; after that it’s all automatic when you show your card at checkout.

FAA Medical Examinations

Dr. Arron Frey, AME 812-524-3333

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